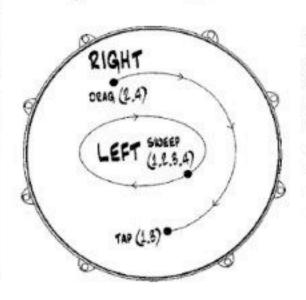




4.)

## Groove 75



Watch the demo on the DVD if this diagram is

Confusing. This pattern is a great place to start playing brushes.

Start with getting that left hand to "whisper"—seamlessly, gently, gracefully. Your hand should look pretty as it makes the oval shape. If you look or feel tense, shake your arms by your side, breathe deeply and start again. Try the right hand with the "tap-drag" technique. Feel the time! And then try them together. Sound terrible? Of course it does. It always does the first time. This is new stuff! Try again, slowly, gracefully. No rush. Think about hitting your marks on the beats and soon you'll be smooth as silk.