



University of New Hampshire
College of Liberal Arts

REvisions: UNH English

Write your own story:
Join the UNH English major

Vol. 4, No. 3, Spring 2021

banner courtesy of Kayla Barron, UNH

Stories from the Classroom:

How have teaching and learning changed for you during the pandemic?

Sophomore Izzy Medeiros described her work for English 502: Professional and Technical Writing in an interview with ReVisions Editor Jim Rioux

Sophomore Izzy Medeiros, a civil engineering major and member of English 502: Professional and Technical Writing, shared her own practice of “meditative coloring” as part of an “Instruction and Usability” project for the class with Professor Krista Jackman this past fall.

“I was really into making these really specific doodles during Zoom classes,” Medeiros said. The artwork kept her hands busy and her mind engaged, she realized. In fact, creating art became part of her pandemic routine, alongside activities such as reading and cooking.

“I have been a lot more into art, so that definitely sparked my idea for the project,” Medeiros explained.

In her project, a brochure titled “How to De-Stress Through Meditative Coloring,” Medeiros “teaches a specific strategy for anxiety and stress management,” Jackman explained in an email. “Izzy targeted an audience of her peers.”

“It should be a useful tool that anybody could refer to,” Medeiros explained.

During the “Instruction and Usability” project, members of the class wrote instructions for a task and then tested the instructions’ efficacy with real users. For Medeiros, this meant coaching peers in mindful doodling and soliciting their feedback.

“My favorite part of the whole assignment was the usability testing,” Medeiros said. “I designed mine more to be a conversation at the end of the practice to see if people got something out of it, if they returned to it as a technique

to be more relaxed.”

Medeiros made notes as users tried their own meditative coloring.

“I was just so, so sure of my instructions, and [the usability testing] kind of showed me that a few people taking a look definitely helps for feedback and constructive criticism.”

Reflecting on the class, Medeiros also noted the small class size and sense of teamwork.

“I’ve been pleasantly surprised by [the] class because we get to write in a bunch of different ways. And I think I’ve learned more about writing, not even just technical writing, but I’ve learned more about writing [than] I have in a really long time. I’ve definitely gotten a lot out of it so far.”

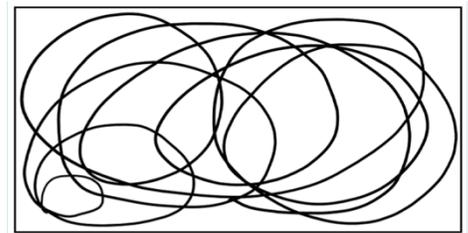


Figure 1: Sample Scribble



Figure 2: Permanent Marker and Oil Pastels

Images from Medeiros’ “Instruction and Usability” project: “How to De-Stress Through Meditative Coloring”

**Check out English 502: Professional and Technical Writing
for fall 2021 at
<https://courses.unh.edu/>**

UNH Launches New Chapter of Society of Professional Journalists

by Angela Anderson-Connolly

UNH now has a college chapter of the Society of Professional Journalists. Students began working on the project more than a year ago and had to meet the requirements for the national organization before gaining recognition at UNH as an organization. There are about 20 students involved right now, but the number is expected to grow.

The students held a successful information night via Zoom on March 1st and are currently working on putting together a virtual workshop on freelancing for students. It should be noted that the current President of the Society of Professional Journalists is Matthew T. Hall, UNH class of '94.

Hall met with the SPJ leadership on March 8th to talk about how the chapter can best serve the journalism students at UNH and ways to connect with journalism students around the country. He also offered advice on job searching.

UNH is one of only 6 college chapters in New England, and the only one in New Hampshire. The President is Josh Morrill and Vice President is Anna Kate Munsey.

Below is the description found on the Wildcat Link: The Society of Professional Journalists - UNH Chapter is a member of the national chapter, and one of the only college chapters in the region. We are committed to practicing and encouraging journalism and free speech, and upholding our code of ethics. As a college chapter, we focus on student journalism, educational and experiential events, and increasing networking opportunities.

For more information on UNH's Society of Professional Journalists, visit

<https://wildcatlink.unh.edu/organization/spjunh>

WANT TO JOIN THE AEGIS TEAM?

We are an undergraduate literary magazine on campus that accepts submissions of poetry, black and white photography and artwork, short fiction, and short creative nonfiction.

We're looking for new members to help create the Spring 2021 issue!

Positions include:
Business Manager
Editor-in-Chief
Editors



To learn more, please email aegisunh@gmail.com with your year and major.



@aegisunh

Aegis accepts undergraduate submissions of poetry, short fiction, short creative nonfiction, and black and white photography and art.

Aegis is also recruiting new members for its team! Organization members may submit their own work while also working on the publication. Team members also help advertise the magazine and put it together using InDesign. It's great publishing experience, and it's always exciting to see the excellent submissions!

Interested in joining? Email **Aegis** at aegisunh@gmail.com And check out **Aegis** on Instagram and Facebook, @aegisunh, and at UNH: <https://wildcatlink.unh.edu/organization/aegis>

AEGIS

literary magazine at UNH

NOW ACCEPTING SUBMISSIONS OF:

poetry
short fiction
short creative nonfiction
black & white art and photography

DEADLINE:
MARCH 25TH

for our spring 2021 issue

Email submissions to aegisunh@gmail.com. UNH students, full or part time, are eligible to submit. Color art submissions will be considered for the cover and if not chosen will be printed in black and white. We will not publish previously published works. To join our editorial board, email or join through Wildcat Link. Funded by your Student Activity Fee.